

**MARTINE LANGSAM, IAT, WTS**- Trichology Clinic  
880 Las Gallinas Ave., Suite 4, San Rafael, CA 94903  
[www.martinelangsam.com](http://www.martinelangsam.com) (415) 453-9792

## About Post Finasteride Syndrome

Post-finasteride syndrome (PFS) occurs in men who've taken finasteride to treat hair loss, or enlarged prostates. Reported symptoms include: loss of libido, erectile dysfunction, depression, suicidal ideation, anxiety, panic attacks, Peyronie's disease, penile shrinkage, gynecomastia, muscle atrophy, cognitive impairment, insomnia, severely dry skin and tinnitus. The condition often has a life-altering impact on victims and their families, such as job loss and the breakup of marriages and romantic relationships, while also being linked to suicides.

In March 2015, the U.S. National Institutes of Health listed PFS on its Genetic and Rare Diseases Information Center, noting that "some patients who have taken finasteride have referred to side effects such as sexual dysfunction and depression (sometimes severe)... Studies sponsored by the NIH and other organizations are underway to better understand the effects of 5-alpha reductase inhibitor drugs."

- U.S. National Institutes of Health Recognizes Post-Finasteride Syndrome as a health disorder
- Finasteride may alter CNS, peripheral nerves or androgen signalling pathways
- Anxiety, Depression, Sexual dysfunction, a psychic aspect
- Finasteride alters neuro-steroid levels in CSF & plasma which remain altered despite stopping the drug
- Activate Epigenetic switch, irreversible permanent side effects
- Studies not double blind, short term, inadequate design

Benefit of Finasteride was detected by serendipity not by research of hair growth cycles. The same side effects for men and women. It doesn't differentiate between men and women. And for women it's useful only slightly in post menopausal cases not beyond that.

We get results in our Hair Fact program without using Finasteride. Weak hair roots become sensitive to DHT. We strengthen the roots so that they can stand for any cause. DHT levels are never raised in hair loss patients.

**Warning:** Finasteride can be absorbed through the skin. This medication can cause birth defects if a woman is exposed to it during pregnancy. Propecia tablets should not be handled by a woman who is pregnant or who may become pregnant. Propecia tablets are coated and will prevent contact with the active ingredient during normal handling, provided that the tablets are not broken or crushed. If a woman accidentally comes into contact with this medication from a broken or crushed tablet, wash the area with soap and water right away.