



Hair loss Causes without DHT

Internal factors

- Iron, calcium deficiency
- Vit. A, C, E, D deficiency
- Overuse of Vit. & Supplements
- Thyroid hypo or hyper
- PCOD hair loss
- Metabolic changes
- Siborrhoeic scalp
- Prolonged illness
- Crash Dieting
- High Protein Diet
- Fat free Diet
- Side effect of medications
- Male Pattern Baldness
- Female pattern Baldness
- Post Pregnancy Hair loss
- Post Menopausal Hair loss

External factors

- Smoking, Hookah, Passive smoking,
- Tobacco, Pan, Beetle nut, Tea
- Alcohol
- Hard water areas,
- Stress, Lifestyle,
- Lack of sleep,
- Excess heat or cold
- Dryness of the Scalp
- Poor fluid intake
- Poor Scalp hygiene
- Dust, Pollution,
- Chemical fumes
- Air Con environment
- Pressurised Airline Cabins
- Over use of Hair Products
- Blow drying