



Hair loss is Multifactorial

- 1. **Genetic** – with family history or epigenetic changes
- 2. **Androgenic** – from increased sensitivity despite normal androgen levels
- 3. **Inflammatory** – Micro inflammation from continued exposure to environmental & lifestyle factors
- 4. **Dysregulation** – Hair Growth Cycles, imbalance between hair growth promoting & inhibiting factors
- 5. **Nutritional** – Iron, Vitamin B12, Vitamin D, Zinc, Selenium, Amino acid, cause hair loss
- Causes are overlapping, interlinked, working in tandem